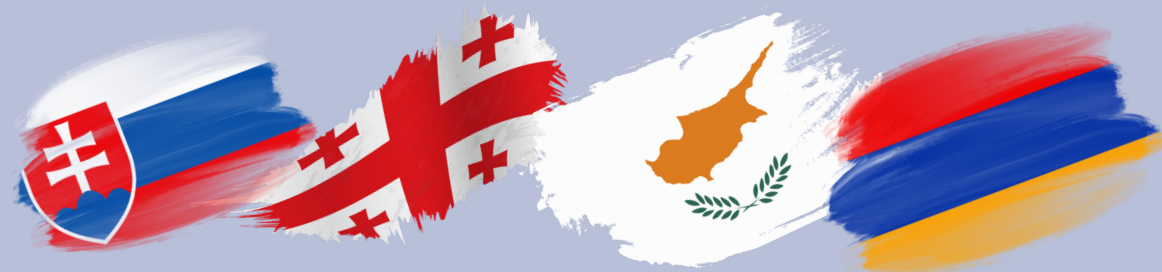


Youth exchange

CAREERIFICATION



Toolkit

19. - 28.08.2023,
Podhájska, Slovakia



Co-funded by the
Erasmus+ Programme
of the European Union

TABLE OF

❖ Content ❖

01 About project

Activities we did **02**

03 Treasure Hunt

Workshops **04**

05 Cultural nights

Follow ups **06**

● ABOUT PROJECT ●

YOUNG PEOPLE AT AN EARLY AGE ARE FACING ISSUES RELATED TO THEIR CAREER CHOICES. THEY FIND IT HARD TO CHOOSE THE RIGHT PROFESSION AND EVEN WHEN THEY CHOOSE IT, THEY ARE CONFUSED AND NOT SURE WHETHER THEY MADE IT RIGHT. ONCE THEY KNOW WHAT THEY WANT, THEY ARE STILL CONFUSED ABOUT WAYS TO REACH THEIR CAREER GOALS. YOUNG PEOPLE DO NOT HAVE ENOUGH SPACE WHERE THEY CAN FREELY DISCUSS WHAT THEY ARE STRUGGLING WITH. THEY NEED TO RAISE THEIR QUESTIONS AND GET ANSWERS TO THEM IN ORDER TO BE SUCCESSFUL IN THEIR CAREERS.

● ACTIVITIES WE DID ●

1. Ice-breaking activities.
2. Team building.
3. Energisers.
4. Careers board game.
5. Simulations.
6. X and Y game.
7. Secret Friend.
8. Privilage game.
9. Career development plan.
10. Free days.
11. Cultural evenings.





TREASURE HUNT

You have to be together with your team when you do these 12 tasks and all team members have to be in the pictures/videos. First team to upload all results is the winner!

Tasks

1. Find and sit with an awesome background of the Forest and take a picture.
2. Take a boomerang in front of the volleyball pitch.
3. Take a video of you saying that you love "Bryndzové halušky" in front of a restaurant selling this product.
4. Take a picture in front of the wellness center that opens at 1 PM.
5. Find a Slovak person and take a video of them saying "I love you" in one of your languages.
6. Tell another person to take a picture of the whole group, while all of you are doing different poses in the crossing.
7. Find another person and ask them to take a picture of you in front of the grocery shop that is open. Imagine that you are standing in front of your favorite clothing brand's store.
8. Take a picture of another team doing the tasks.
9. Sing traditional Slovak song with local people and take a video.
10. "Make a photo of all participants without making a photo of all participants".
11. Find an Slovak "tour guide" and ask her/him to write history of "Podhajska" in 3 sentences. Writing must be done by the hand on the paper.
12. Find the camping place in Podhajska and take a picture in front of tents.

Enjoy your treasure hunt in Podhájska!

TREASURE HUNT



WORKSHOPS



● SURVIVAL ●

Scenario

Imagine you are flying with the airplane over an island inhabited with primates. The population is on a very basic level of their development. They have basic skills of hunting and low level of education. The airplane is going to crash and there is only 1 parachute in it. You need to eliminate each other and at the end only 1 person is able to survive; take the parachute and land on the island to help the land of primates develop/ move forward.



SURVIVAL

Roles

- doctor with 30 years of experience
- young engineer
- catholic priest
- 57 years old politician
- economist
- history teacher
- Mexican chef
- black farmer
- gay psychologist
- astronaut
- instagram influencer
- old librarian
- Moderator



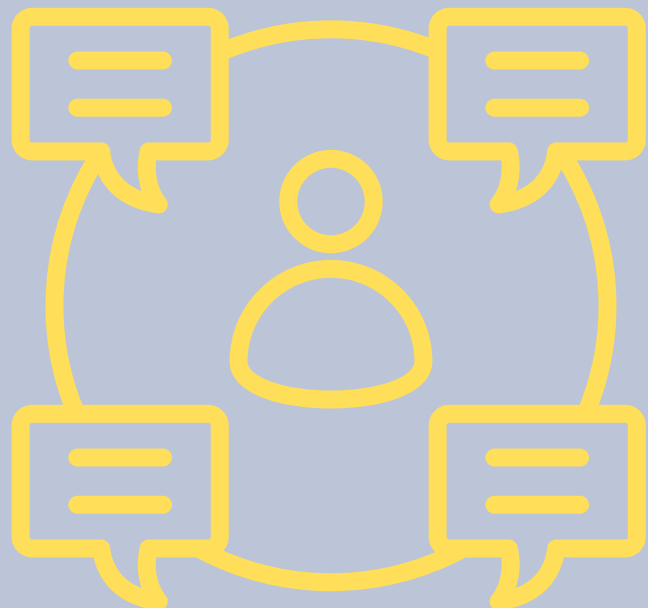


SURVIVAL



Moderator

- Assigns players to different roles (randomly or by their choice | you decide with your team)
- Facilitates the discussion, debates;
- Can ask questions;
- Can vote;
- Is not a player.





SURVIVAL

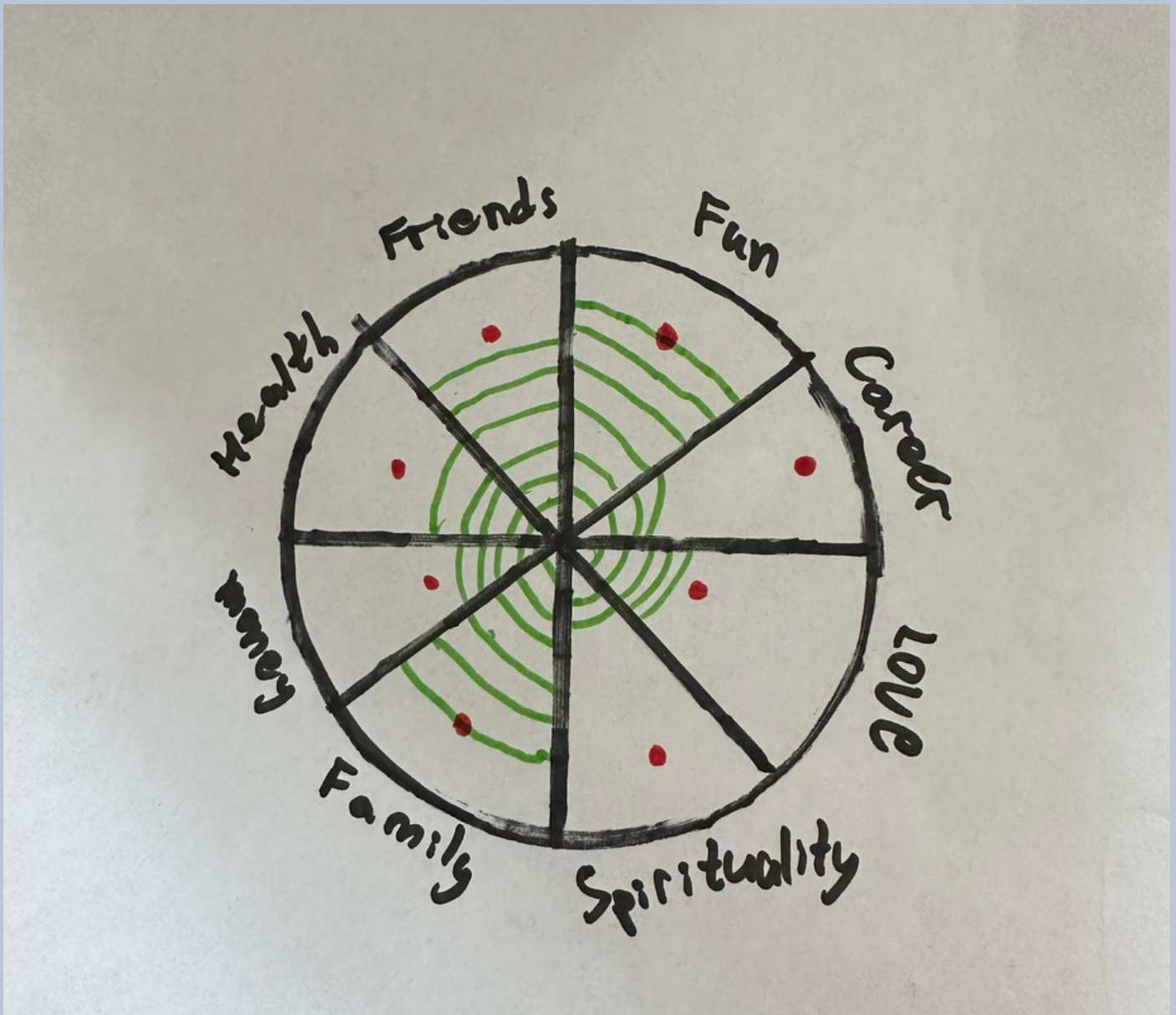
Game rules

- Moderator facilitates the flow;
- Players get assigned to different roles and they need to create arguments why they should stay alive;
- There are many rounds and at the end of each round 1 player gets eliminated by voting;
- Moderator can vote;
- Players who get eliminated, can still participate in discussions, debates; ask questions and vote;
- The game ends when you have 1 winner in each group;
- Then we have finals among winners from each group.

3 TOOLS TO ANALYZE

● WHAT YOU SHOULD BE DOING IN YOUR LIFE ●

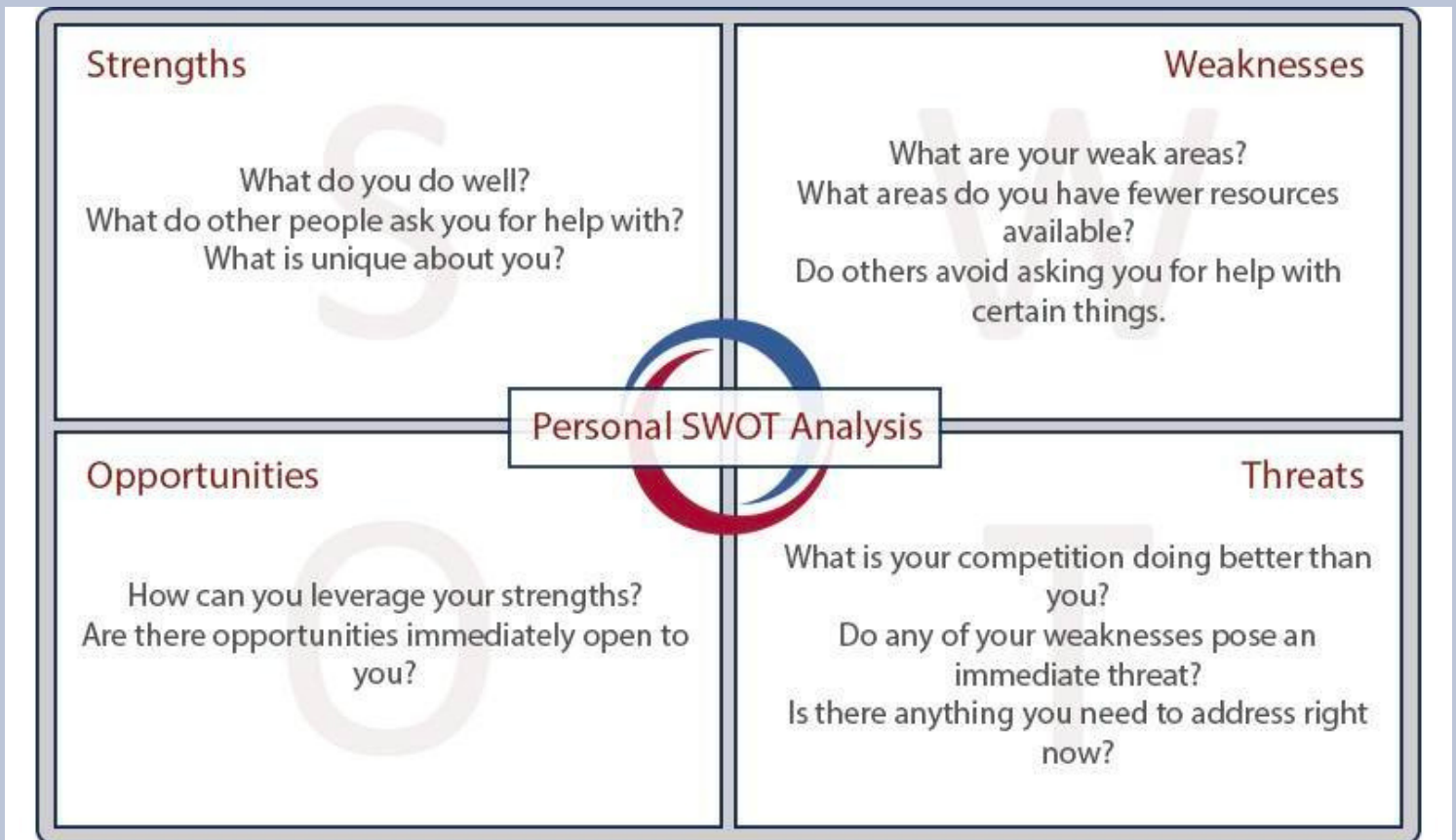
1. Wheel of life



3 TOOLS TO ANALYZE

● WHAT YOU SHOULD BE DOING IN YOUR LIFE ●

2. Personal SWOT analysis

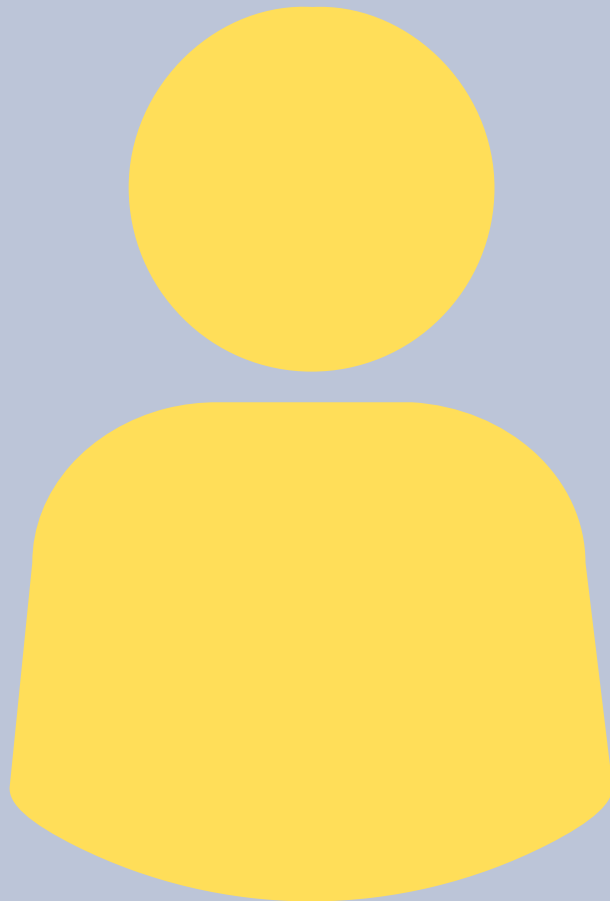


3 TOOLS TO ANALYZE

● WHAT YOU SHOULD BE DOING IN YOUR LIFE ●

3. Career Personality Profiler test

You can find this test on webpage: truity.com



3 TOOLS TO ANALYZE WHAT YOU SHOULD BE DOING IN YOUR LIFE

Once you finalize all the 3 tasks individually, you need to answer these questions and have a discussion with your small teams

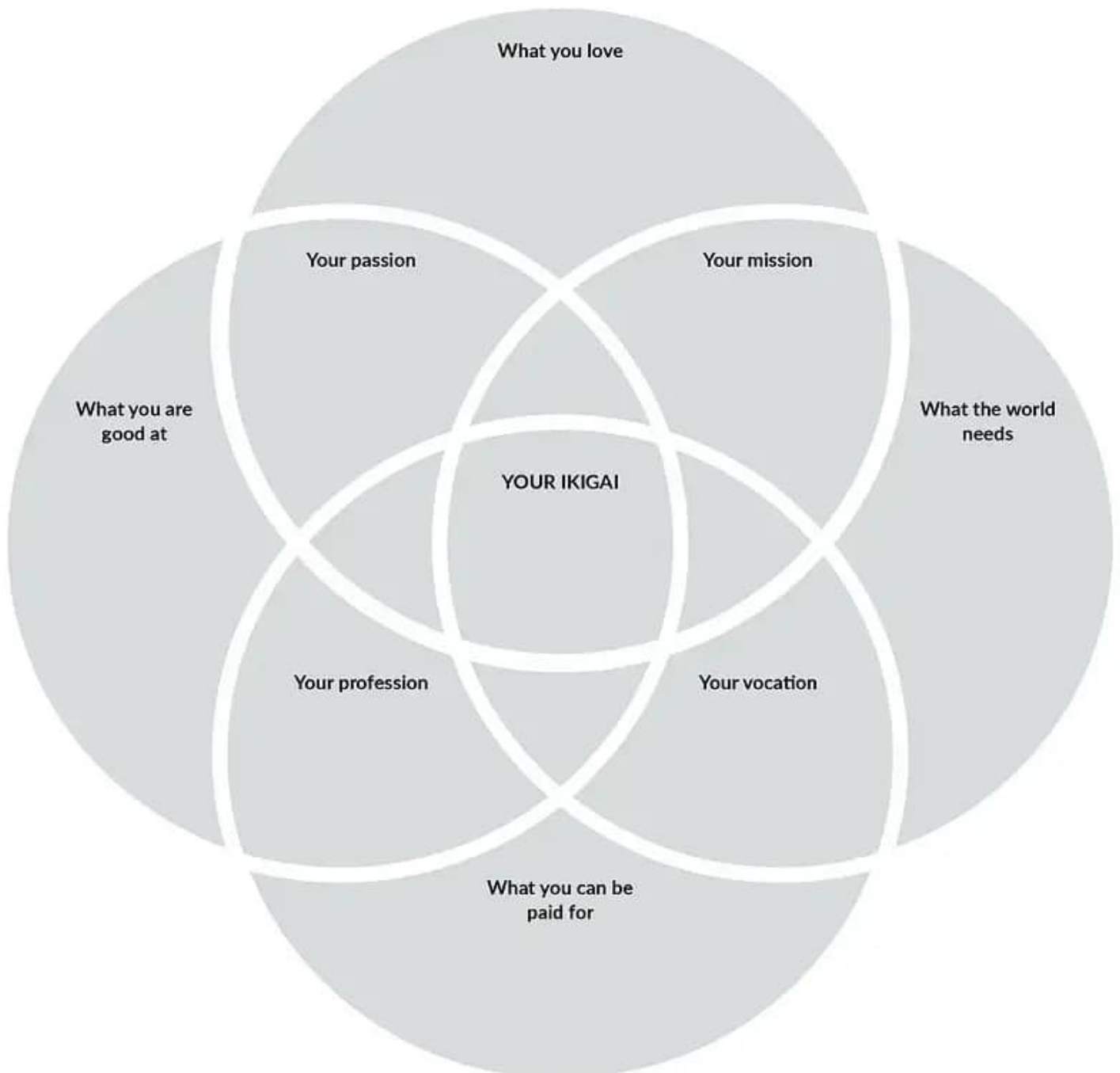
- Do you feel related to the job that you were assigned to? Does this job match your interests? (Career Personality test)
- Will this job pay me the salary I expect?
- What are my strong sides and are they in line with the job?
- Is it my passion to do this job?
- Is the job compatible to my values?
- “Wheel of Life” – which categories do I have fulfilled and which ones do I need to improve?



RIVER OF LIFE

IKIGAI

IKIGAI YOUR REASON FOR BEING



RIVER OF LIFE IKIGAI

The concept of ikigai is said to have evolved from the basic health and wellness principles of traditional Japanese medicine. This medical tradition holds that physical wellbeing is affected by one's mental–emotional health and sense of purpose in life.



CULTURAL NIGHTS



Armenia



Cyprus

CULTURAL NIGHTS



Greece



Ukraine

CULTURAL NIGHTS

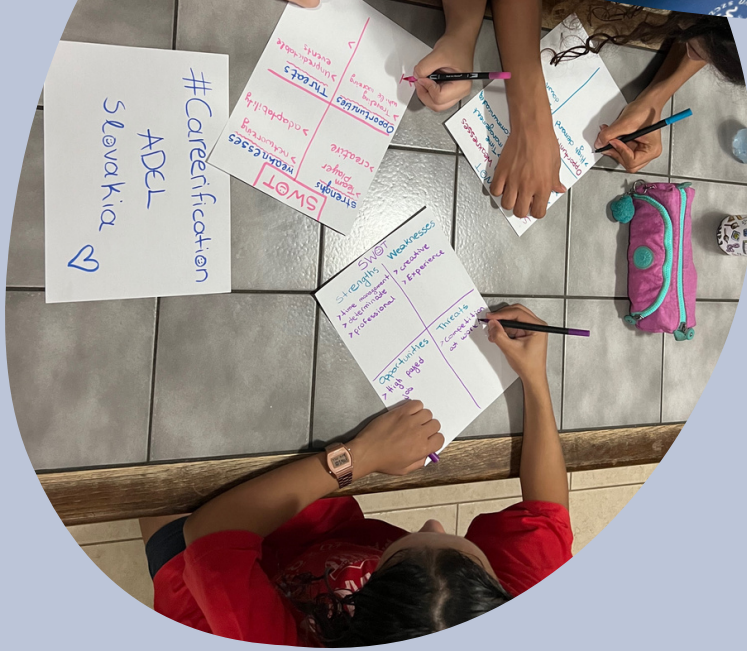


Georgia



Slovakia

FOLLOW UP



FOLLOW UP

"Careerification" Erasmus+ Youth Exchange in Slovakia! 🇸🇰

gaining fresh perspectives on career choices has been an... Not only has this program provided clarity on my professional path, but also led to meaningful connections with like-minded individuals who share a passion for growth.

Through interactive workshops, we delved into career aspirations, shared experiences, and gained fresh perspectives, molding our future paths. Engaging workshops turned into fun games, imparting life skills and teamwork lessons.

At the heart of the exchange was its people! Diverse backgrounds merged into a global community. Vibrant sessions, cultural gems, and engaging activities deepened our appreciation for our world's rich diversity.

I am most grateful for this unforgettable experience!
Youth Mix NGO, BITISI • ծոցոնո, ADEL Slovakia

#ErasmusPlus #YouthExchange #CareerGrowth



Explore to

Sales

Marketing

Public Administra

Business Administ

HR Management

Engineering

Soft Skills

See All

...an je s používateľom Dukhik Kyureghyan a 3 ďalšími v mest...
...members of the #Armenian delegation in Slovakia 🇸🇰, we continue our active...
...tion in the international exchange program organized within the framework of the #E...
...ould add that the program is dedicated to career, professional orientation, their...
...ems, and existing challenges.
...outh_Mix #Adel_Slovakia #BITISI
...Erasmus+
...NGO "Youth Mix" ADEL Slovakia BITISI • ծոցոնո
Սյուզակիայում 🇸🇰 #հայկական պատվիրակության անդամներով շարունակում ենք մեր
ակտիվ մասնակցությունը #ԵԿՍ 🇸🇰 շրջանակներում կազմակերպված միջազգային
փոխանակման ծրագրին: Հավելեմ, որ ծրագիրը նվիրված է կարիերային,
մասնագիտական կողմնորոշմանը դրանց խնդիրներին և առկա մարտահրավերներին:
#Երիտասարդական_ՄԻԲՍ #Ադել_Սյուզակիա #ԲԻԹԻՍԻ #Էրազմոս+



..._hadjipavlis... • Slovakia, Central Europe
..._hadjipavlis... Embracing new horizons and unforgettable memories 🌍👉
#ErasmusAdventures
#WanderlustUnleashed
5 ԽԶ.
+
Páči sa to používateľovi michael6444 a 3 ďalším
28 AUGUST
Prihláste sa, ak chcete reagovať, zdieľať, páči, alebo komentovať.

tefa _hadjipavlis...

PARTNERS



Thank you!

