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Erasmus+ Programme  
of the European Union



Project “WeGROW: EQ learning for YOUTH”

2020-3-CY02-KA205-001973

# Short-term joint staff training event: “Training Youth Workers working with low-performing Youth”

19 – 23 September 2022

Magliano, Italy

*Hosted by:*



## AGENDA

### SUNDAY, 18 SEPTEMBER 2022 ARRIVAL OF PARTICIPANTS

### DAY 1 – MONDAY, 19 SEPTEMBER 2022

Timetable	Description of Sessions and the Learning Activities
9:00 – 9:45	<p>Welcoming and Overview of the Short-term joint staff training event</p> <p>Introduction of the participants</p> <p>Ice-Breaking Exercise</p>
9:45 – 11:15	<ul style="list-style-type: none"> <li>Intro to the project, the training, the context (Erasmus+ Programme, State of the Art in Youth Work in the partner countries, characteristics and needs of young people who are low- performing at school, early school leavers, and/ or NEET.</li> </ul>
11:15 – 11:30	Coffee Break
11:30 – 13:00	<ul style="list-style-type: none"> <li>Guidelines for youth workers</li> </ul>
13:00 – 14:00	Lunch Break
14:00 – 15:30	<ul style="list-style-type: none"> <li>Social awareness</li> </ul>
15:30 – 17:00	<ul style="list-style-type: none"> <li>Know Yourself, Choose Yourself, Give Yourself methodology: EQ in action!</li> </ul>
17:00 – 17:15	<p><b>Closure of Day 1</b></p> <ul style="list-style-type: none"> <li>Remarks and Impressions, evaluation of day 1</li> <li>Evaluation of day 1</li> </ul>

## DAY 2 – TUESDAY, 20 SEPTEMBER 2022

Timetable	Description of Sessions and the Learning Activities
9:00 – 9:15	Ice-Breaking Exercise
9:15 – 10:45	<ul style="list-style-type: none"> <li>• Emotional Intelligence Basics. What is Emotional Intelligence? Overview of the theory of Daniel Goleman who made EQ a famous term.</li> </ul>
10:45 – 11:00	Coffee Break
11:00 – 12:30	<ul style="list-style-type: none"> <li>• Understanding and developing Emotional Intelligence</li> </ul>
12:30 – 13:30	Lunch Break
13:30 – 15:00	<ul style="list-style-type: none"> <li>• Self- regulation</li> </ul>
15:00 – 15:15	Coffee break
15:15 – 16:45	<ul style="list-style-type: none"> <li>• Learning process observation frameworks</li> </ul>
16:45 – 17:15	<p><b>Closure of Day 2</b></p> <ul style="list-style-type: none"> <li>• Remarks and Impressions of day 2</li> <li>• Evaluation of day 2</li> </ul>

## DAY 3 – WEDNESDAY, 21 SEPTEMBER 2022

<b>Timetable</b>	<b>Description of Sessions and the Learning Activities</b>
9:00 – 9:15	Ice-Breaking Exercise
9:15 – 10:45	<ul style="list-style-type: none"> <li>• Our approach to EQ. How can we mix EQ practices and non-formal learning in youth work to support young low-performers, school leavers, and NEET.</li> </ul>
10:45 – 11:00	Coffee Break
11:00 – 12:30	<ul style="list-style-type: none"> <li>• WeGROW approach for youth workers</li> </ul>
12:30 – 13:30	Lunch Break
13:30 – 15:00	<ul style="list-style-type: none"> <li>• Self- awareness</li> </ul>
15:00 – 15:15	Coffee break
15:15 – 16:45	<ul style="list-style-type: none"> <li>• EQ &amp; the digital era</li> </ul>
16:45 – 17:15	<p><b>Closure of Day 3</b></p> <ul style="list-style-type: none"> <li>• Remarks and Impressions of day 3</li> <li>• Evaluation of day 3</li> </ul>

## DAY 4 – THURSDAY, 22 SEPTEMBER 2022

Timetable	Description of Sessions and the Learning Activities
9:00 – 9:15	Ice-Breaking Exercise
9:15 – 10:45	<ul style="list-style-type: none"> <li>• Practical tools to cultivate EQ in everyday youth work</li> </ul>
10:45 – 11:00	Coffee Break
11:00 – 12:30	<ul style="list-style-type: none"> <li>• Relationship between the emotional intelligence of youth workers and achievement of young people</li> </ul>
12:30 – 13:30	Lunch Break
13:30 – 15:00	<ul style="list-style-type: none"> <li>• Assessment guidance</li> </ul>
15:00 – 15:15	Coffee break
15:15 – 16:45	<ul style="list-style-type: none"> <li>• Self- motivation</li> </ul>
16:45 – 17:15	<p><b>Closure of Day 4</b></p> <ul style="list-style-type: none"> <li>• Remarks and Impressions of day 4</li> <li>• Evaluation of day 4</li> </ul>

## DAY 5 – FRIDAY, 23 SEPTEMBER 2022

Timetable	Description of Sessions and the Learning Activities
9:00 – 9:15	Ice-Breaking Exercise
9:15 – 10:45	<ul style="list-style-type: none"> <li>Managing differences- What youth workers and educators need to know about dealing with generation Z</li> </ul>
10:45 – 11:00	Coffee Break
11:00 – 12:30	<ul style="list-style-type: none"> <li>Social Skills</li> </ul>
12:30 – 13:30	Lunch Break
13:30 – 15:00	<ul style="list-style-type: none"> <li>Evaluation of learning outcomes</li> </ul>
15:00 – 15:15	Coffee break
15:15 – 16:45	<ul style="list-style-type: none"> <li>Lessons learnt, appliance of learning in our countries, evaluation, dissemination and follow-up agreements.</li> </ul>
16:45 – 17:15	<b>Closure of Training</b> <ul style="list-style-type: none"> <li>Remarks and Impressions of training</li> <li>Evaluation of training</li> </ul>

## SATURDAY, 24 SEPTEMBER 2022 DEPARTURE OF PARTICIPANTS

# SEAL CYPRUS



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