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Erasmus+ Programme  
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Project “WeGROW: EQ learning for YOUTH”

2020-3-CY02-KA205-001973

# Short-term joint staff training event: “Training Youth Workers working with low-performing Youth”

19 – 23 September 2022

Magliano, Italy

*Hosted by:*



## GENERAL INFORMATION

**Activity Title:** “Training Youth Workers working with low-performing Youth”

**Activity Type:** Short-term Joint staff training event

**Duration of the training:** 5 days of training (+ 2 days travel)

**Training dates:** Monday 19 – Friday 23 September 2022

**Travel dates:** Sunday 18 September & Saturday 24 September

**Number of participants:** 15 participants (3 from each partner)

## THE PROJECT

The Project ***WeGROW: EQ Learning for Youth*** aims to support the youth professionals (youth workers, youth trainers, youth leaders, and mentors of young volunteers of the European Solidarity Corps) to ensure the social inclusion of all young people. The ever-changing nature of European society demands a high level of social skills; a prerequisite for inclusion. This is true for all countries regardless of the stage of economic development and it affects both the people working with the youth and their target group; the youth.

With our project, we wish to address the need of youth professionals for continuous professional development with a focus on competencies to support the development of Emotional Intelligence (EQ) and the social skills of young people with low school performance, early school leavers, and/ or NEETs. Additionally, we wish to create non-formal tools and methods that are attractive to the aforementioned young people who are often feeling uncomfortable in formal settings.

The development of Emotional Intelligence (EQ) through Youth Work is proposed as a means to ensure for all young people equal opportunities to demonstrate good school performance, to stay in school, and to get and maintain a job.

## PARTNERS

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SEAL CYPRUS (CYPRUS ORGANIZATION FOR SUSTAINABLE EDUCATION AND ACTIVE LEARNING) – COORDINATOR

VSI INOVACIJU BIURAS- LITHUANIA

ADEL SLOVAKIA- SLOVAKIA

CE.F.A.S. - CENTRO DI FORMAZIONE ED ALTA SPECIALIZZAZIONE- ITALY

ARISTA DEKA LIMITED - CYPRUS

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## THE TRAINING EVENT

The training activity will be an Intensive Programme (IP) on Emotional Intelligence for Youth Workers. This Intensive Program will have a duration of 5 days (excluding the travelling days).

It is a unique and transformative experience where invited people gather in a setting dedicated to motivation, equality, leadership through social and emotional intelligence, and social impact.

This event will ensure that a core group of trainers and mentors from each of the countries in the project can meet and work together. This event can be considered a masterclass that will give the chance to the youth workers, through direct personal contact, to exchange ideas, share issues and develop joint solutions. This activity is aimed at the promotion of intercultural and cross-border practices among social educators who are willing to share their teaching experience about dealing with difficult young people. The participants will learn that effective communication can be encouraged and developed, and how to motivate these low-performing students.

It is generally acknowledged that social skills and character development are more difficult to attain and harder to change when people get older, so the sooner we start, the better in order to help youth to improve their career opportunities.

It will combine instructional techniques with a peer review and reflection process, which is consistent both with the culture and learning styles of the participating youth workers and also reflective of the diversity of skills, experience, knowledge and contexts that each of the participants bring. The event will be able to reinforce key concepts, best practices and share various perspectives, and knowledge among peers.

The participants will receive an attendance certificate at the end of the activity, a Youthpass and if they wish to a Europass Mobility Document.

In broad lines, the training will include the following elements:

- DAY 1- Intro to the project, the training, the context (Erasmus+ Programme, State of the Art in Youth Work in the partner countries, characteristics and needs of young people who are low- performing at school, early school leavers, and/ or NEET.

- DAY 2- Emotional Intelligence Basics. What is Emotional Intelligence? Overview of the theory of Daniel Goleman who made EQ a famous term.
- DAY 3- Our approach to EQ. How can we mix EQ practices and non-formal learning in youth work to support young low-performers, school leavers, and NEET.
- DAY 4- Practical tools to cultivate EQ in everyday youth work.
- DAY 5- Lessons learnt, appliance of learning in our countries, evaluation, dissemination and follow-up agreements.

## TRAINING HOST AND VENUE

The mobility will be hosted by **Ce.F.A.S. - Centro di Formazione ed Alta Specializzazione.**

The venue of the meeting will be the CeFAS office:

Via Arciprete Paladini, 57  
73041 – Magliano/Carmiano (LECCE), Italy

## PROFILE OF THE PARTICIPANTS

The participants of the joint staff training event (LTTA- activity C1) in Italy will be youth professionals (3 per partner). They will be chosen according to:

- Experience in youth work for at least 2 initiatives implemented for the Youth Workers, 2 training courses for the Youth Trainers and Facilitators, being mentors during 2 EVS or ESC volunteering projects;
- Ability to work in the English language which is the official language of the project;
- Motivation to get involved not only in the training but also in the follow-up activities, share their experiences, as well as develop their skills and competences;
- Willingness to travel;
- Interest in Social skills and Emotional intelligence;
- Interest in Non-Formal Training and innovative coaching methodologies;
- Interest in multicultural and cross border knowledge and know-how sharing;
- If they have already had a coaching experience as well as their motivation in becoming coaches (These criteria would be highly appreciated but not obligatory).

# SEAL CYPRUS



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